

## Sample Program: 100% Contact 'Train & Tour' Immersion Course

<b>MONDAY</b> <b>Morning session</b>  <b>Introductions &amp; course aims</b>  Social English part 1: - fact finding and active listening - spontaneous responses for everyday English  <b>Task-based activity for fluency</b>  Social English part 2: - focus on formal v informal English	<b>TUESDAY</b> <b>Morning session</b>  <b>Grammar focus and practice</b>  - review tenses past and present - talking about routines and past events  <b>Task- based activity for vocabulary building &amp; Focus on skills</b>  - read & discuss news article - listening strategies	<b>WEDNESDAY</b> <b>Morning session</b>  <b>Grammar focus and practice</b>  - use of prepositions - countable v uncountable nouns  <b>Task- based activity for vocabulary building &amp; Focus on skills</b>  - write informal and formal emails	<b>THURSDAY</b> <b>Morning session</b>  <b>Grammar focus and practice</b>  - review future tenses - conditionals - talking about the future  <b>Task- based activity for vocabulary building &amp; Focus on skills</b>  - watch TED talk or TV programme - discussion	<b>FRIDAY</b> <b>Morning session</b>  <b>Focus on fluency:</b>  - Discuss cross cultural awareness - National stereotypes - Cultural briefing mini presentation  <b>Evaluation of programme/ learning reflections</b>  Individual learning strategies for future language development.
<b>Afternoon session</b>  A visit to a local historical site: Raglan Castle	<b>Afternoon session</b>  A trip to the horse races	<b>Afternoon session</b>  A visit to the Big Pit	<b>Afternoon session</b>  A trip to Cardiff city centre	<b>Afternoon session</b>  Afternoon tea! Shopping for Cook-In ingredients
<b>Evening</b> Welcome Dinner and drinks	<b>Evening:</b> Dinner with your trainer at a local pub	<b>Evening</b> Free evening / Self-study	<b>Evening</b> Dinner with your trainer or a visit to the theatre	<b>Evening:</b> Cook-in. An opportunity to show off your country's cuisine.

\* Sunday evening we will come and meet you to welcome you to Wales.

\* Courses normally start on Monday and finish on Friday.

\* Normal Intensive course schedule runs 09:00-16:00 with coffee and lunch break

This course sample is just that. All courses will be customised to suit your level and your needs. Part-time courses with activities are also available.

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<b>MONDAY</b> Morning session	<b>TUESDAY</b> Morning session	<b>WEDNESDAY</b> Morning session	<b>THURSDAY</b> Morning session	<b>FRIDAY</b> Morning session
<b>Introductions &amp; course aims</b>  Social English part 1: - fact finding and active listening - spontaneous responses for everyday English	<b>Grammar focus and practice</b>  - review tenses past and present - talking about routines and past events	<b>Grammar focus and practice</b>  - use of prepositions - countable v uncountable nouns	<b>Grammar focus and practice</b>  - review future tenses - conditionals - talking about the future	<b>Focus on fluency:</b>  - Discuss cross cultural awareness - National stereotypes - Cultural briefing mini presentation
<b>Afternoon session</b>  <b>Task-based activity for fluency</b>  Social English part 2: - focus on formal v informal English - language of diplomacy  Feedback and time for individual language support	<b>Afternoon session</b>  <b>Task- based activity for vocabulary building &amp; Focus on skills</b>  - read & discuss news article - listening strategies  Feedback and time for individual language support	<b>Afternoon session</b>  <b>Task- based activity for vocabulary building &amp; Focus on skills</b>  - write informal and formal emails  Feedback and time for individual language support	<b>Afternoon session</b>  <b>Task- based activity for vocabulary building &amp; Focus on skills</b>  - watch TED talk or TV programme - discussion  Feedback and time for individual language support	<b>Afternoon session</b>  <b>Troubleshooting</b>  <b>Evaluation of programme/ learning reflections</b>  Individual learning strategies for future language development.  Afternoon tea!
<b>Evening</b> Welcome Dinner and drinks with your trainer(s)	<b>Evening</b> Dinner at a local pub with your trainer	<b>Evening</b> Free evening / Self-study	<b>Evening</b> Dinner with your trainer or a visit to the theatre	<b>Evening</b> Cook-in: an opportunity to show off your country's cuisine

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